



## Welcome Kaitlyn Dorman, CNM

We are pleased to announce that Kaitlyn Dorman has joined our practice as a Certified Nurse Midwife. She will see patients in our Springfield and West Springfield offices.

Kaitlyn (Kait) Dorman's path to midwifery demonstrates her passion for learning and commitment to a holistic approach to healthcare. Kait graduated from Mount Holyoke College with a major in Gender Studies and went on to earn an Accelerated Second Bachelor's degree in Nursing at the University of Massachusetts, Amherst, Summa Cum Laude. She earned a Master of Science in Nursing from Yale University School of Nursing and completed her senior year integration with BOGG, graduating as a CNM.

Kait's cultural experiences have enriched her understanding of the complex nature of women's healthcare. She has spent time in the Netherlands studying sexuality, gender, and identity, and in the Dominican Republic where she provided nursing care and doula support to laboring women at a public hospital. Kait's Honors Thesis at UMASS focused on ways to overcome language barriers in childbirth and women's health. She is dedicated to the future of midwifery as a primary component of women's health.

Kait shared these thoughts on her practice of midwifery: "Caring for women throughout their lives, I hear their voices, respect their wishes, and uphold their autonomy and visions of health and wellness. I value education as a pathway for women to make informed

decisions. Incorporating a woman's individual history, values, and cultural diversity into her care offers a rewarding, empowering, and educational experience for both the patient and the midwife. I am honored to work with and learn from women and their families."

Dr. Howard Trietsch, BOGG's managing physician, commented that "Our midwifery practice has been a popular option for women in the Pioneer Valley since its beginning in 1996. With Kait joining our practice, we continue to offer high quality, personalized healthcare options to suit the individual needs of our patients. We are pleased to welcome Kait to BOGG."



## Flu Protection

Concern of the flu is especially relevant for high risk groups, including pregnant women; these groups are not only more susceptible to contracting the flu, but are also more likely to experience complications from the

flu. For all populations, the CDC recommends three steps:

1. Get vaccinated.
2. Practice good hygiene.
3. Take flu antiviral medication if prescribed to help fight the flu.

## BMC Updates Labor & Delivery Visitor Policy

After months of careful consideration including discussions with patients & providers, Baystate Medical Center's Labor and Delivery Unit has modified their visitor policy during labor and delivery. Effective September 10, 2013, laboring patients are limited to one to three visitors at any one

time; the changes are designed to support BMC's consistent model of high quality obstetric care. Post partum patients continue to have an open 24-hour visiting policy. We encourage our prenatal patients to take this into consideration when planning for their labor and hospital stay!

## Phone Survey for Quality Initiative

We are excited to share our next quality initiative! In the next two months we will work with Professional Research Consultants (PRC) who will conduct telephone surveys among a random sampling of our patients. The survey will focus on questions measuring each patient's experience with our practice. PRC is governed by HIPAA standards and is certified by the National Committee for Quality Assurance, a non-profit organization dedicated to improving health care quality. We are hopeful that the patients who are contacted will provide valuable feedback for our quality initiative program!